

## **Becoming an Accredited and Certified Coach Final Exam**

Although there is no minimum or maximum word requirement for your answers all questions must be answered.

Answering point form is welcome.

You must score 70% or higher to graduate.

This exam may be done “open book” style (meaning you are welcome to refer to your notes).

Submit the completed exam along with your assignments via email to [director@coachtrainingacademy.com](mailto:director@coachtrainingacademy.com).

If you have any questions during this exam please do not hesitate to contact your mentor coach.

In order to receive your final grade and certifications/ accreditations your account must be paid off. To make arrangements please contact the head office at [director@coachtrainingacademy.com](mailto:director@coachtrainingacademy.com).

Your personal ICB accrediting will accompany your certifications.

Take your time when writing your exam and remember that you do not have to complete it all in one sitting.

**Unless otherwise stated you have two weeks from the end of classes to complete this exam.**

There are 5 parts to this exam:

- Part 1: Student Information
- Part 2: Survey Questions
- Part 3: Additional Certifications
- Part 4: Points
- Part 5: Final Exam (Part A and Part B)

Although all parts must be completed, points are only given for Part 5: Final Exam.

Set aside at least 3 hours to complete the exam.

This is a very comprehensive exam and you should feel proud upon completion.

### **Part 1: Student Information**

Full name (as you would like it to appear on your certificates and accrediting):

Company name:

Web Address:

Address:

Email:

Confirm email:

Backup email (if applicable):

Confirm backup email (if applicable):

Company phone:

Personal phone:

### **Part 2: Survey Questions**

Where did you hear about CANA(Google, Yahoo!, article online etc.)?

What made you decide to register with us?

Are there any resources you would like to see added to the student center?

Do you have any suggestions to improve CANA?

We would love to list you online. Would you please considered telling others what you loved best about CANA and why you would recommend they register and take this program? How did this program help you to be a better coach? What did you love or find helpful about the materials?

### **Part 3: Additional Certifications**

View the sample list of available certification areas here:

<http://becomeacoachtrainer.com/login-and-bonus-materials/certification-options/>

*Aside* from the life coach certification please list up to 3 other certifications you would like to apply for:

For each certification submit a one page essay detailing your related experience and how you would work to combine this with coaching and include it at the end of this exam.

### **Part 4: Points**

Please list the number of points have you earned:

### **Part 5: Final Exam**

This exam consists of two parts:

- Part A which consists of 3 questions.
- Part B which consists of a major assignment.

There is no word length requirement when answering Part A and Part B of this exam.

The most important part is to respond to both parts as best you can.

The number of marks, unless otherwise stated, does *not* indicate the amount of sentences you need to include.

### **Part A**

Here you will be graded on *quality*, not quantity.

**Question 1: How does each goal have to be phrased to be attained more easily?** (Hint: P.P.S.) This question will be graded out of 10 marks.

**Question 2: Jenny wants to lose weight. She wants to lose 37 pounds. What would be the correct phrasing of her goal?** (Hint: This exact example is used in your notes.) This question will be graded out of 15 marks.

**Question 3: One year from now, what is the ideal vision you have for your life?** Use as much space as you need. STATE YOUR ANSWER IN THE POSITIVE AND IN THE PRESENT TENSE. This question will be graded out of 20 marks.

## Part B

**Selecting at least 10 modules, locate and record at least 1 important piece of information that you did not know before you read the module or that you think is important for a coach to know.**

These can include (but are not limited to) powerful questions, examples and so on.

Your findings can be listed in point or paragraph form.

The complete list of modules can be found here:

<http://becomeacoachtrainer.com/login-and-bonus-materials/home-study-course-lessons/>

*You are welcome to you to use more than the recommended 10 modules.*

You will not be graded on length, but on quality and quantity of the points. (Thus you can list 3 points from one module and 4 from another for example.)

*You will need a total of at least 30 points of information for a perfect score.*

Any additional points will count as bonus marks. 10 *additional* points of information (40 total) will ensure you graduate with honors.

Both the written notes and any information presented during the audio can be used, even if a module title is not presented (during the audio material for example) you can list in under “Additional Information” if that helps you stay organized.

### **Mandatory Modules**

- Action Plan Module

Above is the only mandatory module. Like the rest of the modules you will be listing as many points of information that you did not know before or that

you thought was beneficial for a coach to know. List at least 1 point of information from this module.

**Example:**

**Goal Attainment Module**

1. All goals must follow the PPS format.
2. All affirmations should also follow at least the PP of the PPS acronym.
3. Goals can often be used as powerful supportive affirmations.
4. It is recommended that no more than 3 goals be pursued at one time.

**Good luck and good scoring!**